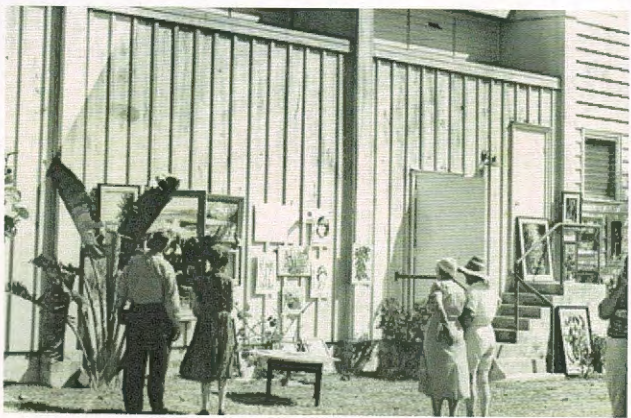


SEASON 2013
JOURNEYS

60TH
ANNIVERSARY
EDITION



LONGBOAT KEY CENTER FOR THE ARTS



Longboat Key
center for the Arts

BILL BUCHMAN

East Meets West - Zen and the Art of Painting

Thursday, February 7 1 pm - 3 pm
Friday, February 8 11 am - 4 pm
Bldg 400 Studio B
\$150

The natural connection between Zen and painting goes back many centuries in China and Japan. This Natural connection evolved because spontaneity and authenticity are essential to both activities. Performing any skilled activity at the highest level, whether for work or for play, requires relaxed concentration devoid of self consciousness effort or distracting thoughts. Many painters, musicians, athletes and performers of all types, though unacquainted with Zen, have experienced such exceptional "in the zone" moments of heightened ease and oneness with their craft when all other thoughts and concerns drop away. The traditions, techniques and tools of Zen painting and calligraphy are intended to cultivate this type of experience. In particular, the Sumi brush, by its very design and nature, largely unchanged for over two thousand years, encourages and teaches calmness and the natural oneness of performer and performance. Come join local and national instructor Bill Buchman as he presents his unique take on Zen philosophy, traditions and techniques and see how he blends these with Western methods and materials in his contemporary approach to making art. Materials will be provided.

About Bill Buchman

Bill Buchman is an engaging artist, teacher, and author who inspires many artists and art students through his classes, workshops, and other activities. In addition to wide creative experience and many years of successful exhibitions of his art, Bills has written a popular book, "Expressive Figure Drawing" and made five instructional DVDs which present an extensive range of contemporary concepts and techniques on the subjects of figure drawing, creativity and abstraction. Through all these activities Bill spreads his gospel of joy and freedom of expression combined with practical know-how. For a complete biography please see: www.billbuchman.com

